

HESH GOLDSTEIN, MSNutri
P.O. Box 240783
Honolulu, Hawaii 96824-0783
Tel: (808) 258-1177 / Fax: (808) 377-1986

I BELIEVE...

What I believe is contrary to what abounds today.

I believe that a person has the right to know about information that will enhance their health, their life and their happiness. Many people in positions of power today believe that you should not have the right to know, and that all information should be reviewed and approved before distribution. After which, it should be distributed to the public through mainstream media.

I believe that a person has the right to decide what kind of health therapies they wish to pursue.

This is based upon the fact that we have free will and the right of free choice in all areas of our lives, especially when it comes to our health. Yet, today, parents are being arrested, their children are being kidnapped by health authorities when they refuse Western treatments for cancer, as in the case of Abraham Cherrix who was ordered by the Court to undergo chemotherapy despite his belief that his cancer would be cured by alternative treatment.

I believe that there are things that commercial interests don't want you to know. The FDA routinely practices censorship to protect the financial interests of drug companies, because common knowledge of simple, non-patentable remedies would severely damage Big Pharma's profit margin.

I believe that mainstream sources of information and news are heavily influenced by commercial interests or political agendas that alter the integrity of their information, making "alternative" information sources more independent and more objective in presenting information on topics that matter and that truly will benefit all of us.

I believe that free speech on the internet is a precious and powerful tool, enabling the sharing of ideas and information in a way that is as important as the invention of the printing press. I further believe that some authority figures believe that the internet is "dangerous" and that all information should be centrally regulated and controlled. The FDA (the Fraud and Drug Administration), for example, once attempted to ban all health discussions on the internet.

I believe that the distortions of the mainstream media should be challenged. Why are there blaring headlines that say that the herb Ephedra killed two dozen people that overdosed on it and then the FDA bans it, but when Cox-2 Inhibitor drugs kill 60,000 people, the media exposure is minimized and the FDA says it is still safe to sell?

I believe that there is a plot to keep people in a state of chronic malnutrition that is fostered by the food companies, the drug companies, and the medical industry. Just think of all the people that would be out of work if the nation went vegan and 98% of all degenerative diseases were reversed and the obesity epidemic was wiped out.

I believe that the FDA should be exposed in its attempt to mastermind scientific fraud in an effort to protect drug companies from determined regulatory action and should be reprimanded for its criminal antitrust behavior in protecting Big Pharma at all costs.

I believe that the news should not be “shaped” in a way that suckers 95% of the population into believing it. Shaped news is how you shape the behavior and beliefs of the people. This is why so many people believe in “miracle” prescription drugs for diseases that do not even exist, or in the idea that the drug companies are caring organizations that are seeking cures for cancer that they will share with the world. It’s why people believe they need new cars, homes and accessories they can’t afford. It’s why people fall for every financial scam that comes along from the dot-com boom to the current housing bubble that will inevitably burst and wipe out billions of dollars in real estate equity that people are banking on to support their spendy lifestyles. The mainstream media promotes the myths, pushes the scams, broadcasts the propaganda and drives the consumers head-first into decisions that solely serve the interests of their corporate advertisers, not the public.

I believe that most people remain oblivious to this dynamic and live out their day-to-day existence living in a fantasy world that doesn’t exist. They believe in the impossible: that there will never be consequences to America’s accelerating national debt; that diseases like cancer, heart disease, or type-2 diabetes are caused by “bad luck” instead of saturated fat, processed foods, malnutrition and chemical toxins; that for-profit corporations will automatically act with the highest standards of integrity by placing profits as a lower priority than consumer safety; that the media seeks to accurately report the news that matters most rather than whatever sensational broadcasts make the most money; that our elected officials actually represent our interests; that enough bombs and soldiers can solve any political problem; that housing prices will go up forever, generating free money we can spend without consequence; and that there is no disease or health condition that can’t be solved if we could just find the right synthetic chemicals and inject them into our bodies.

These are the beliefs of the insane, and yet they are the beliefs of the majority in Western societies today. Sadly enough, the vast majority of news consumers would rather live in their imaginary world of distorted information because it’s easier to do. Seeing the events of the world for what they are takes courage, skepticism, and a willingness to challenge and reform your own ingrained beliefs. The vast majority of the people are not ready to do this and their ignorance is actually encouraged by the status quo that sharply ridicules anyone who steps out of the box and dares to think that things could and should be different.

And why? Because the status quo is extremely profitable for those in positions of influence and power. As long as they can prevent too many people from rocking the boat, companies like Monsanto, DuPont, Kraft, Pfizer, Merck, and countless others, can continue to reap illicit profits from the pockets of misinformed consumers who have been brainwashed into a state of compliance by advertiser-friendly media propaganda. It's not called television "programming" for nothing.

I believe that ten years from now, we may not even recognize the world we live in. Monumental changes will soon emerge in areas like health and medicine, renewable energy, global finance and politics. The things that most people accept as "normal" today – direct-to-consumer tv drug advertising, the drugging of our children with psychiatric drugs, the widespread fluoridation of public water supplies, and so on – will someday be viewed as nothing less than insane. Future historians will be stunned at the ignorance and arrogance of today's world, much as we find it hard to believe that the world's brightest scientists once insisted that the world was flat.

Aloha!