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Reality Revisited
By Hesh Goldstein

Throughout history, people have existed whose greed and lust for wealth and power have driven them to put their own selfish interests above those of humanity itself. This greed has been behind most of the evils in the history of mankind and caused untold human suffering. Today, the very health of modern man itself is under attack by the greedy elite who willingly trade profits for the ability of their fellow men and women to enjoy good health and live long enjoyable lives.

Through a process that began in the late 1800's, those who place personal gain and wealth above health and humanity have corrupted the four most important cornerstones that should be our shining benefactors and guarantors of providing mankind with good, nutritious food to eat, air to breathe and water to drink: our food supply, our medicines, our industry, and our government. Instead of marshalling their efforts to benefit humanity, these cornerstones we depend upon have been corrupted to benefit an elite few, turning them into just the opposite of what they should be - darkly corrupted purveyors of illness which rob us of our health and wealth, take years off our life spans, and force us into a lifetime of managed illness and poor nutrition. And, if allowed to continue, the downward spiral in health may ultimately threaten the ability of mankind to even continue as a species.

With regard to food, our soils have been depleted, our food crops have been genetically engineered to produce higher yields, with more bulk with less nutrition, and to withstand more pesticides, herbicides, and artificial fertilizers that ensure higher profits at the cost of multitudes of health problems for those who consume them. To add insult to injury, the food on our grocer's shelves have had the nutrition processed out, with harmful additives processed in to enhance shelf life, color, taste and texture, with the same result. Then, the advent of large scale factory farms, favored with government subsidies, has changed the emphasis from good nutrition coming from a human face to good production and poor, contaminated nutrition from faceless industries.

For thousands of years, mankind has used nature as the primary means of preventing and controlling illness. In the early 1900's, there were more natural health and homeopathic practitioners, and as many alternate medical schools as there were "germ theory" doctors and universities. But the former were persecuted and prosecuted into virtual extinction after the rich and powerful Rockefellers and Carnegies teamed up with the American

Medical Association to make germ theory medicine the ONLY acceptable form of medicine and increase profits by weeding out competition by any means, fair or foul. It still goes on today!

About the same time the AMA was conspiring to eliminate competition, the world pharmaceutical giants, then located in Germany, were conspiring to replace all natural remedies and healing plants with drugs made in their labs. In the early 1900's, these companies formed the I.G. Farben cartel, with the express purpose of seizing control of the world's medical drug trade, and their plans have been successful beyond their own wildest dreams of greed. For generations now, we have been inundated with a never ending avalanche of propaganda telling us to "ask our doctors" about the benefits of drugs while warning us away from natural alternatives that are safer, more effective, far less expensive, but which severely decrease the profits of the "legal" drug pushers.

Our doctors have been taught at medical schools whose largest source of funding is the world pharmaceutical empire. They have been taught precious little about what the role of diet, nutrition, exercise, lifestyle and natural plants have to do with prevention and healing. Instead, they have been taught that the way to treat illness and disease is to prescribe medications - medications that just happen to be made by the same people who fund their education. And the result? Safe, effective and less expensive natural healing methods, with thousands of years of proven success, have been poo-pooed and made illegal and replaced by patentable and hugely profitable synthetic chemicals. An even darker result is the millions of lives and billions of dollars that could be saved if alternative and natural treatments were allowed for cancer, heart disease, arthritis, type-2 diabetes and many other conditions that mainstream "approved" medicine has been unable or willing to cure.

Since the beginning of the industrial age and the coal burning plants, every year an increasing amount of thousands of metric tons of chemical pollutants, including carcinogens and thousands of other highly toxic chemicals and compounds such as mercury, lead, PCB's, arsenic, fluoride, etc., are spewed into our environment, polluting the air we breathe, the water we drink and the food we eat. And not only have the majority of our industries resisted having their growing list of chemical compounds properly tested for safety, they have resisted controls on the use and emissions of the ones known to be harmful. Shamefully, it has been revealed that the medical industry that benefits from the increased illnesses has often supported efforts to control the chemical contaminants that make us ill.

The government should be the greatest protector of the health and well being of its citizens, but the influence and money of the greedy have corrupted it to a government of big business, by big business and for big business which gives mostly lip service to actually serving its citizens first and foremost. Thanks to the relentless pursuit of wealth and power and the use of that wealth and power to buy votes and influence, our government has become a top down corruption machine that would sicken our founding fathers. No greater example of this corruption can be found than the FDA, the Fraud and Drug Administration, which is nothing more than a protection racket for mainstream

medicine, especially the world pharmaceutical empire, doing what it can to preserve profits by keeping the makers and sellers of natural products off the market. The Fraud and Drug Administration has persecuted cherry growers, because cherries fight arthritis and inflammation. They have attacked the makers and sellers of bitter melon, Stevia and colloidal silver because they are not only safe but highly effective. And, on the other hand, they delay action, hide studies, and outright lie about the safety of products like Vioxx, Bextra, Alleve, Aspartame, MSG, Gardasil, vaccines, and so many more that have been blamed with hundreds of thousands of death and illnesses in order for their masters to reap billions in profits while the people suffer.

So, this is the crossroads that you are at. Stay with what you have and suffer, or eat differently and be free of the hands that reach into your pockets and steal your money.

Aloha!