

**HESH GOLDSTEIN, MSNUTRI**  
“Health Talk” Moderator, K-108 Radio  
P.O. Box 240783  
Honolulu, Hawaii 96824-0783  
(808) 258-1177 / Fx (808) 848-8640  
[www.healthtalkhawaii.com](http://www.healthtalkhawaii.com)  
[heshgoldstein@gmail.com](mailto:heshgoldstein@gmail.com)

### **Why Chiropractic?**

A better way to health is to make sick people well, the natural way. Chiropractic emphasizes body engineering, postural stability, vertebrae adjustment and dynamic, self-regulating, control systems. It is spectacularly successful and decidedly economical.

Discontent over present day medical care has become so decided, that it has triggered a fast growing switch to chiropractic by millions upon millions of people world wide. The powerful and paranoid American Medical Association has long struggled, unsuccessfully, to erase chiropractic altogether, even to the point in Hawaii of making it so that a physician must be the primary, with referral rights, in an automobile accident.

More and more Americans are learning that Chiropractic, because of consistent and successful clinical results being achieved, are a welcome alternative to the drugs or surgery approach to “healing”. With the development of newer knowledge about the nervous system, especially in cybernetics, the scientific implications of Chiropractic has broadened immensely.

We are flabby, overweight, and have lots of dental caries, fluoridation notwithstanding. Our gastrointestinal system operates like a sputtering gas engine. We can't sleep and we can't get going when we are awake without coffee or some other stimulant. We have neuroses and high blood pressure. Neither our hearts nor our heads last as long as they should. Coronary disease, at the peak of life, has hit epidemic proportions. Suicide is one of the leading causes of death (4<sup>th</sup> between the ages of 15 and 44), and we suffer from a myriad of the diseases of civilization. Isn't it strange that all of this illness, sickness and disease exists in the U.S., where American Medical Science supposedly leads the world?

Today, American hospitals are crowded, sometimes beyond capacity and a seriously ill person frequently must wait even weeks for a bed. When you get sick in America, your chances of getting well quickly, without excessive loss of time, money or your life, is questionable. It's like playing Russian Roulette to be medically treated by many of the medical doctors – all members of the American Medical profession.

People no longer place unlimited faith in any one doctor or any one healing approach, especially medical. The drug approach is producing new diseases from harmful side effects of many of the drugs. Just look at the thalidomide horror of the 50's and the Vioxx horror recently, for openers.

Harmful side effects from drugs are becoming routine and result from the injudicious use of drugs by medical doctors. Today, physicians prescribe thoughtlessly, indiscriminately and often needlessly, the use of radiation, chemotherapy, antibiotics, steroids, tranquilizers and blood transfusions. It's a small wonder that 20 -25% of our population are patients in hospitals daily. If medical doctors continue to interfere with Mother Nature, the American Public must pay the penalty.

It's no secret that certain drugs, surgical procedures, and other forms of therapy can, even when properly employed, create unfavorable, often harassing, and many times, fatal side-effects. Unhappily, it is true that drugs are frequently administered or other procedures performed, apparently without due regard for their disquieting and sometimes dangerous potentialities.

Unfortunately, illnesses and deaths caused by drugs are not among the reportable diseases. The American Medical Community is under attack by all segments of our society for its failure to provide quality health care. American medicine stands on the brink of chaos. Even treating routine illnesses is inferior in quality, not to mention the utterly hopeless disinterest by medical doctors in disease prevention. The horrendous myth that all diseases known to mankind should be treated by drugs and surgery is asinine.

American Medical Science seems to be on another planet in a different galaxy scientificating for robots. It is clear that science certainly has not discovered how to maintain the human body in a happy condition on planet Earth.

Millions upon millions of our people are disabled by so-called minor diseases, which are not being treated successfully, and yet these victims of incompetency could be helped by other natural types of therapy. The failure of orthodox medicine has created a need and climate for a change.

Many millions of Americans are turning to doctors using natural healing techniques and chiropractors are realizing a remarkable success story in their healing art. Take back pain for example- a medical doctor treats a person with back pain by placing him in traction in a hospital for weeks or longer. With a chiropractor, the ordeal takes a few days.

Chiropractors offer preventive maintenance. Not only does he treat the specific ailment, he recognizes the stresses and strains of our daily activity that are throwing our bodies out of balance. Prolonged over a period of time, this can cause functional displacement of the spine and other structures. Disturbing the function of important nerve pathways.

A chiropractor studies the human body the way an engineer looks at an intricate piece of machinery. In both cases, the object is not to add or subtract, if possible, but rather to adjust the machine in ways to provide for its most efficient operation. So, the chiropractic approach can often prevent sickness. Functional disturbances, caused by nerve irritations can be detected long before definite symptoms develop. Chiropractic is successful because it recognizes that disease exists in the patient, not in the test tube.

Sickness, illness and disease is the result of some departure from normal function of the body. Pain is caused by irritation and injury of the spinal nerves which extend to all parts of the body. When a medical doctor treats pain, he resorts to the medical procedures of the chemical approach – injection of drugs, mainly morphine and its derivative. When a chiropractor produces relief from pain, the patient knows that the relief experienced is due to the removal of the cause, not by drugs.

So, the chiropractor, by his distinctive method of diagnosis and analysis, is able to trace the pain to the site of the involved spinal nerve roots. It is this analysis of the mechanical faults of the area which reveal the cause of the nerve injury. By using manipulative techniques, he is able to correct the cause of the impairment and restore normal function to the spinal nerve roots and spinal nerves. When this is done, health is restored.

Correct diagnosis of disease by the medical community is extremely uncertain, usually very unreliable, and unsatisfactory. Why? Because most physicians treat symptoms, mistaking effects for causes. Most attacks of disease of any and all kinds get well, whether treated or not, if they have not passed from functional to organic. They come and are gone in a few days, without the aid of a physician. Natural comfort usually returns to normalcy when accumulated toxins in the blood fall below the body tolerance level. There was no cure!

Nerve energy returns to normal when the causes of the loss of vitality are discovered and removed. If your body rebels, stop your loss of vitality activities, stop eating, and rest and relax comfortably until nerve energy is restored to normal. Even consider a fasting for a while.

So-called “cures” by the medical community are a delusion. Learn what disease really is and give up the ingrained, ridiculous notions concerning cures.

Aloha!